



WHAT A BEAUTIFUL LIFE!!!

YOU HAVE TO SELECT LIFE OR DEATH

LIFE



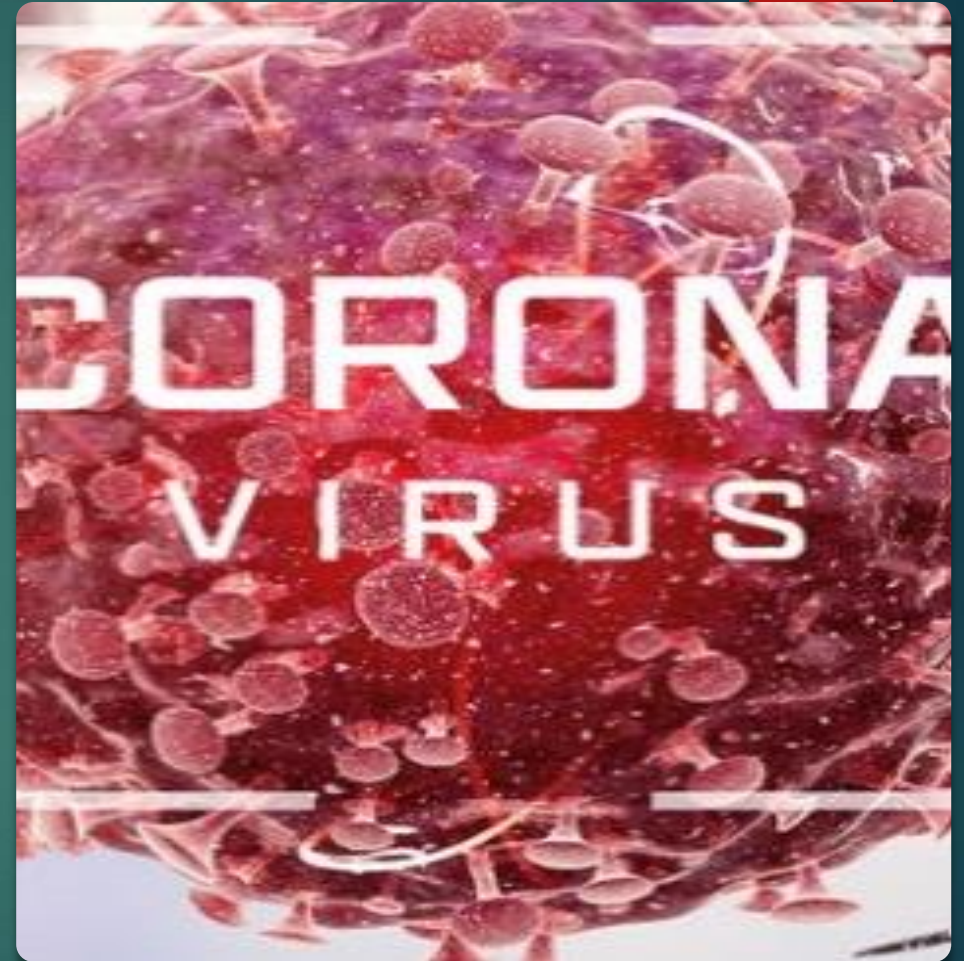
DEATH



TODAY DEATH IS **CORONAVIRUS**

YOU CAN FIND "HIM"
ENERYWHERE...EXCEPT IN OUR VESSEL.

IT IS YOUR JOB TO KEEP "HIM" AWAY...



CORONAVIRUS - SPREADING

- ▶ **FROM HUMAN to HUMAN**
 - ▶ **WITH DROPLETS AFTER COUGH, SNEEZING, SPEAKING**
- ▶ **AFTER TOUCHING SURFACES WITH INFECTED DROPLETS**
 - ▶ **If hands are NOT washed**
- ▶ **WHEN THE OTHER PERSON IS SICK**
- ▶ **EVEN FROM DEAD BODIES**



CORONAVIRUS - SYMPTOMS

- ▶ **FEVER**
- ▶ **COUGH**
- ▶ **FEEL TIRED**
- ▶ **THROAT PAIN** (some patients)
- ▶ **BONES and MUSCLES PAIN** (some patients)
- ▶ **“BLOCKED” NOSE** (some patients)



HIGH RISK CONDITIONS

CLOSE CONTACT

- ▶ **DISTANCE FROM THE OTHER LESS THAN 2 METERS**
- ▶ **STAY WITH THE OTHER MORE THAN 15 MINUTES**
- ▶ **STAY WITH THE OTHER IN THE SAME ROOM/OFFICE**
- ▶ **CLOSE WITH PERSONS WHO CONDUCT HOUSEKEEPING**



HIGH RISK CONDITIONS

CLOSE CONTACT

- ▶ **FACE to FACE CONTACT**
 - ▶ LUNCH/DINNER TOGETHER
 - ▶ KISSES...
 - ▶ HAND SHAKING
- ▶ **PERSON IN THE SAME GROUP**
(WORKING....)
- ▶ **SOCIAL ACTIVITIES**



PROTECTIVE MEASURES

▶ **HYGIEN OF HANDS**

- ▶ **VERY OFTEN HAND WASHING**
- ▶ **HAND WASHING FOR AT LEAST 20 SECONDS**
- ▶ **HAND WASHING WITH WATER AND SOAP**
- ▶ **ALTERNATIVELY (IF HANDS ARE CLEAN) USE ALCOHOL**



PROTECTIVE MEASURES

- ▶ **COVER MOUTH AND NOSE WHEN COUGH/SNEEZING**
- ▶ **DO NOT CONDUCT HAND SHAKE**
- ▶ **NO CONTACT WITH PERSONS WHO HAVE SYMPTOMS – INFORM MASTER**



PROTECTIVE MEASURES

- ▶ **DO NOT TOUCH YOUR MOUTH, NOSE, FACE, EYES**
- ▶ **USE MASK**
- ▶ **DEMAND FROM OTHERS TO WEAR MASK !!!**



PROTECTIVE MEASURES

- ▶ **USE DISINFECTION FOR SURFACES –
DOUBLE CLEANING**
- ▶ **USE LATEX GLOVES WHEN
TOUCHING SAME “THING” WITH
OTHER**
- ▶ **...THEN THROW THE GLOVES, WASH
HANDS AND DISINFECT THE
“THING”**



OTHER MEASURES ON BOARD

The CORRECT ship's office

- ▶ **ALL PERSONS FROM SHORE ONLY TO INDICATED PLACES**
 - ▶ **DUTY MESS**
 - ▶ **SHIP'S OFFICE**
 - ▶ **TOILET OPPOSITE TO SHIP'S OFFICE**



OTHER MEASURES ON BOARD

- ▶ **IF SOMEONE HAS SYMPTOMS,
INFORM MASTER**
- ▶ **DO NOT DEVELOP “SPECIAL”
RELATIONSHIPS**
- ▶ **SHORE LEAVE IS FORBIDDEN**

...return from shore leave.



IT IS YOUR DUTY

TO PROTECT ALL CREW...
AND LIVE WITH
YOUR FRIENDS, FAMILY...

JUST FOLLOW THE MEASURES





THANK YOU FOR YOUR ATTENTION !!!

ANY QUESTIONS ?